



**District 43 Workshop Panel**  
*Presented by*  
***The Swinging Step Sisters***  
***Meeting***

***Rule 62: Ways to Not Take Yourself  
Too Damn Seriously in Recovery***

*Be Open to Change*

*Laugh at Yourself*

*Socialize and Make New Friends*

*Attend Fun Events*

*Find New Hobbies*

**Tuesday, March 23<sup>rd</sup> at 7:00 p.m.**

**To hear from our panelists and for your questions  
join the Zoom Meeting at**

<https://zoom.us/j/95776844462?pwd=NkRqQmN1YmFNdVlhS3RnMWZjamlrzd09>

**Meeting ID: 957 7684 4462 Password: 690839**

**Phone In +13126266799,,95776844462#,,,,\*690839# US (Chicago)**

**Alternatively, join from the link on the events tab on the  
District 43 website <https://aa-nia-dist43.org/m.d43.events.html>**



*I am responsible.  
When anyone, anywhere reaches out for help,  
I want the hand of AA always to be there.  
And for that, I am responsible.*